Inventory Audit of Docking Assembly (CTA) Accessories Kits

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for work
08:00-08:15		Daily planning conference (S-band)
08:15–09:15	CDR	Inventory audit of Docking Assembly (CTA) accessories kits
08:15–08:55	FE-1	Maintenance of COЖ
08:55–09:05		CWC audit
09:15–09:35		Periodic Fitness Evaluation: video
09:15–10:15	CDR	ISS orientation
09:35–11:05	FE-1	Periodic Fitness Evaluation: nominal operations (subject)
10:15–10:45	CDR FE-1	Periodic Fitness Evaluation (CMO)
11:05–12:35		Physical exercise (TVIS-4)
11.00-12.00		Physical exercise (RED)
12:35–13:25		LUNCH
12:35–13:35		
13:25–14:55	FE-1	On-orbit calibration of RED
13:35–13:55	CDR	IMS tagup (S-band)
13:55–14:55		On-orbit calibration of RED
14:55–16:05		PLANTS-2: plant sample collection
14:55–15:05		Photo/TV stowage
15:05–15:35		EXPRESS4 (ELC) Laptop data download
15:35–15:45		Daily payload status (ISS-7)
15:45–16:00		Food questionnaire
16:00–16:40		IMS file prep
16:05–17:05	CDR	Physical exercise (VELO + Load Trainer-1 / day 4)
16:40–17:00	FE-1	HRM file download to MEC
17:00–17:15		HRM file erase
17:05–17:45	CDR	Changeout of ACY components (urine receptacle and filter insert)
17:15–17:45	FE-1	Transfer of TVIS/RED files to MEC
17:45–18:10		TV downlink: Greeting AXION HOLDING staff / Greeting Polytechnic Museum staff (S+Ku-Band)
18:20–18:50		Daily plan review
18:50–19:05		Daily planning conference (S-band)
19:05–19:30		FD/IS Crew conference (S-band)
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US procedures

End of radiogram